

Age Groups

Age (as of 31 Dec)	Age Group
10	Youth E
11-12	Youth D
13-14	Youth C
15-16	Youth B
17-18	Youth A
19-21	Junior
22-35	Senior
36+	Masters

Scoring

Swimming

Age Group	Distance (m)	Time for 1000 pts	Pts +/- per 0.33 seconds
Youth E	50	0:40.00	12
Youth D	50	0:35.00	12
Youth C	100	1:14.00	8
Youth B	200	2:30.00	4
Youth A	200	2:30.00	4
Junior	200	2:30.00	4
Senior	200	2.30.00	4
Masters Men	100	1.25.00	8
Masters Women	100	1.35.00	8

Fencing

Scoring in fencing depends on the number of competitors. It is usually about 28 points per hit.

Here are a couple of examples:

With 32 fencers: 32 bouts, 22 hits for 1000 points. The value of each victory or defeat above or below 1000 points is 28.

With 61 fencers: 60 bouts, 42 hits for 1000 points. The value of each victory or defeat above or below 1000 points is 16.

Riding

Competitors start with 1200 points and can lose them as follows:

Knockdown: -20 points

Refusal or disobedience to jump: -40 points

Refusal leading to knocking down of obstacle: -60pts

Falling off: -60 points

Time penalties: -4 points per second

Taking longer than double the standard time: Elimination (0 points for the ride)

Shooting

Youth E, D and C:

10 shots, 86 target points to score 1000 points.

All other age groups for triathlon only.

20 shots, 172 target points to score 1000 pentathlon points.

Every target point above or below is worth + or - 12 pentathlon points.

Running

Youth B, A, Junior, Senior and Masters, below, is only for biathlon and triathlon.

Age Group	Distance (m)	Time for 1000 pts	Points +/- Per 0.5 second
Youth E	500	1.50.00	6
YDG	1000	3:50.00	4
YDB	1000	3.40.00	4
YCG	1500	5.45.00	3
YCB	1500	5.30.00	3
YBG	1500	5.30.00	3
YBB	1500	5.05.00	3
YAG	1500	5.30.00	3
YAB	1500	5.00.00	3
JW	1500	5.30.00	3
JM	1500	5.00.00	3
SW	1500	5.30.00	3
SM	1500	5.00.00	3
MW	1000	4:00.00	4
MM	1500	6.00.00	3

Combined Event Scoring

Category	Points	Time	
Men			
Women			
Senior	2000	12.30 minutes	+/- 4 points per second faster or slower than 12.30 minutes
Junior			
Youth A			
Youth B			

More details on rules and scoring can be found on the [Pentathlon GB](#) website in the "Downloads/Rules" section.